



Preschool Learning at Home – Week 5

- ✓ Complete the following learning activities in any order you like. Do the ones you like lots of times!
- ✓ Read every day. You can also watch **Storyline Online** on YouTube <https://www.storylineonline.net/>
- ✓ Keep active, take breaks, eat healthy food and drink water.
- ✓ Send a photo to Miss Jess or Miss Jasmine via Seesaw completing the activities.

Host a teddy bears picnic with your favourite toys. *Who will you bring to the picnic? What will you eat and drink at the picnic?*



Using the items in your resource pack, make a puppet and then perform a puppet show. *What was your favourite part of the puppet show?*



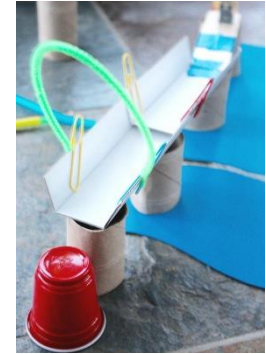
Use your playdough to make shapes. *How many shapes can you make? Can you make a shape with 3 sides? How about 6 sides?*



Set the table for dinner. *How many knives do you need? How many forks do you need? How many utensils do you need altogether?*



Can you use resources from your pack to create a bridge? *How many coins can it hold before it falls over? Can you make it stronger?*



Place tape on the floor or draw a line on the path with chalk and ask your child to walk along the line. One foot in line with the other, arms out for balance. *Too easy, walk backwards!*



Complete the 5 senses scavenger hunt (see pack for print out).



Phone a relative or speak to a friend on the phone. *Before you call, discuss who you are going to call and what you are going to tell them.*



Lay on the ground outside and look up at the sky. *What shapes can you see in the clouds?*



Using playdough, straws and pasta or small balls of playdough, thread the items onto the skewers. Using only the first 3 fingers to pick things and to thread. *Now, can you use your other hand?*



Bonnyrigg Public School Preschool Routine

This is the routine that we follow at preschool. You may choose to follow this routine. This routine is flexible and is never followed strictly. For example, if a child wants to eat and it's not quiet morning tea time, we just have an earlier morning tea time.

9am – Outdoor play. Your child may wish to engage in free play in the outdoor environment or complete activities off their learning matrix.

11am – clean up the outdoor environment. Children to gather for group time (read a story together).

11.15am – Lunch time (continue to promote healthy food choices and choose water as a drink). Encourage and still pack a lunch box for your child. This could be an activity that you complete together.

11:30am – Indoor/outdoor play. Your child may wish to complete some activities from the learning matrix or engage in free play at home.

1pm - Clean up. Children to gather for group time (read a story to your child).

1.20pm - Afternoon tea time (continue to promote healthy food choices and choose water as a drink).

1.45pm - Rest time. Children usually pick an activity from our choice chart (Lego, read a book, do a puzzle, rest on a pillow, listen to music, yoga). Your child may wish to complete some activities from their learning matrix as well.

2:15pm – Clean up the indoor and outdoor environments.

2:20pm - Music and movement. See the next page for a list of activities or just play music for your child to dance to!

Music and Movement ideas

Dance to your child's favourite songs on YouTube. Some songs we love at preschool include:

Rock a bye your bear - <https://www.youtube.com/watch?v=eA0tJQ56Fkc>

Hot potato -

<https://www.youtube.com/watch?v=Qho9o4zRwtE&list=PLBV38fqPgBCX4C8dPkyImHBsiLoDBVtBJ>

Heads Shoulders Knees and Toes -

https://www.youtube.com/watch?v=Y3DxGXFjZ_A

Shake your sillies out - https://www.youtube.com/watch?v=NwT5oX_mqS0

Freeze dance - <https://www.youtube.com/watch?v=2UcZWXvgMZE>

The floor is lava - <https://www.youtube.com/watch?v=wbNAiN8FTfc>

Gummy bear - https://www.youtube.com/watch?v=6Q7-tzCCh3w&list=RD6Q7-tzCCh3w&start_radio=1

I like to move it -

<https://www.youtube.com/watch?v=ymigWt5TOV8&list=RD6Q7-tzCCh3w&index=3>

Can't stop the feeling -

<https://www.youtube.com/watch?v=KhfkYzUwYFk&list=RD6Q7-tzCCh3w&index=5>

Count to 10 - <https://www.youtube.com/watch?v=uGL7xYEVeaY>

Count to 20 - https://www.youtube.com/watch?v=_MVzXKfr6e8

Ants in the apple - <https://www.youtube.com/watch?v=E9atZTSOpZM>

Wombat Wobble - <https://www.youtube.com/watch?v=rRpMgk1K2RM>

Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

Go Noodle - <https://www.youtube.com/user/GoNoodleGames>

Tooty Ta - https://www.youtube.com/watch?v=ea4TVg0_8Dk

If you're happy and you know it -

<https://www.youtube.com/watch?v=71hqRT9U0wg>

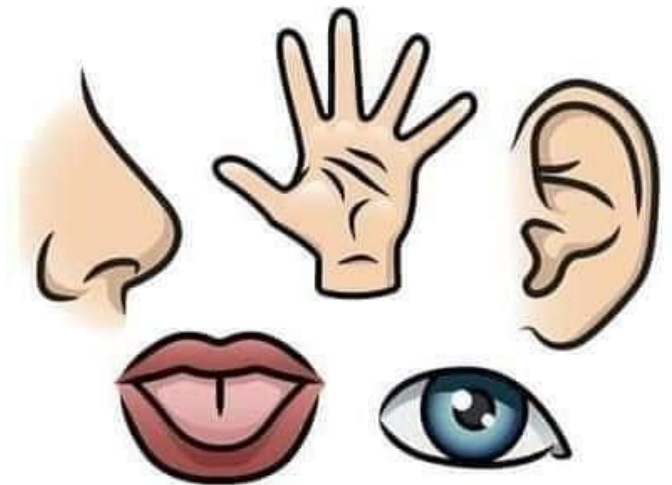
The Wiggles Nursery Rhymes -

<https://www.youtube.com/watch?v=se5XcrG4S8s>

5 SENSES SCAVENGER HUNT

primary playground

- Find something that makes a crunch sound.
- Find something that tastes sour.
- Find something that smells good.
- Find something smooth.
- Find 3 of the same thing.
- Find something that smells bad.
- Find something that tastes sweet.
- Find something loud.
- Find something long.
- Find something soft.
- Find something white.
- Find something quiet.
- Find something rough.



Virtual zoo excursions and tours

Wildlife Sydney - <https://www.wildlifesydney.com.au/explore/virtual-zoo/>

Lone Pine Koala Sanctuary <https://koala.net/webcams>

Taronga Zoo <https://taronga.org.au/taronga-tv>

San Diego Zoo <https://kids.sandiegozoo.org/videos>

Houston Zoo <https://www.houstonzoo.org/explore/webcams/>

Monetary Bay aquarium <https://www.montereybayaquarium.org/animals/live-cams>

Paignton Zoo <https://www.paigntonzoo.org.uk/360vt/start.html>

Georgia Aquarium <https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Smithsonian's National Zoo and Conservation Biology Institute
<https://nationalzoo.si.edu/webcams>

Ouwehan Dierenpark Netherlands <https://explore.org/livecams/polar-bears/polar-bear-ouwehand-twin-cubs-cam-2>

Australia Zoo - <https://www.youtube.com/watch?v=5YBRu5JFHmw> and
<https://www.youtube.com/watch?v=mIDXZywedvc>

Shark Lagoon cam - <https://www.youtube.com/watch?v=LvfaMv9nbJc>

Grace Gorilla Forest - <https://www.youtube.com/watch?v=rgXWDk7rh4w>

KC Zoo penguin cam - <https://www.youtube.com/watch?v=5WtJwoB8ZsA>

Tiger Lake – Big Cat Rescue -
<https://www.youtube.com/watch?v=NVCi9yYwRCY>

Zoos Victoria - <https://www.youtube.com/user/ZoosVictoria>

Links to additional resources:

Storyline Online (famous people reading stories) -

<https://www.youtube.com/user/StorylineOnline>

Art for kids hub (how to draw's) - <https://www.youtube.com/user/ArtforKidsHub>

Mr Maker (Craft ideas) - <https://www.abc.net.au/abckids/shows/mister-maker/>

Little J and Big Cuz (Indigenous cartoon) -

<https://www.littlejandbigcuz.com.au/watch>

Zoo live cams (visit zoo's around the world) -

https://www.youtube.com/results?sp=mAEB&search_query=zoo+live+cams

Cosmic kids (Yoga) - <https://www.youtube.com/user/cosmickidsyoga>

Playschool Mindfulness (meditation) - [https://iview.abc.net.au/show/play-](https://iview.abc.net.au/show/play-school-mindfully-me)

[school-mindfully-me](https://iview.abc.net.au/show/play-school-mindfully-me)

NSW Education Live (daily live streams at 10am) -

<https://education.nsw.gov.au/parents-and-carers/education-live>

Play School (watch episodes or get craft or cooking ideas) -

<https://www.abc.net.au/abckids/shows/play-school/>