



# Preschool Learning at Home – Week 4

- ✓ Complete the following learning activities in any order you like. Do the ones you like lots of times!
- ✓ Read every day. You can also watch **Storyline Online** on YouTube <https://www.storylineonline.net/>
- ✓ Keep active, take breaks, eat healthy food and drink water.
- ✓ Send a photo to Miss Jess or Miss Jasmine via Seesaw completing the activities.

Use the chalk to draw on a footpath or driveway. *What did you draw? Why did you draw that?*



Use a dice to play roll a monster (see resource pack for details). If you don't have a dice, use a virtual dice.



Can you use resources from your pack to create a floating object? *How many coins can it hold before it sinks?*



Pretend to be a teacher. Tell your toys your favourite story. *What else can you teach your toys about?*



Create a collage using the paper, glue, scissors and any left over resources in your resource pack. *What did you create? What would you do next time to make it better?*



Play with the play dough.  
*Can you write your name using playdough? What else can you make with the playdough?*



Do an online virtual museum or zoo tour together (see resource pack for links).  
*What is your favourite zoo animal?*



*How Many Steps to the Door?* Guess how many steps you will need to take to get to a specific place such as the front door of your house. *Were you right? If not, was your number bigger or smaller than the real number? How many more/less was your guess from the real number?* Try again to another location in your house.



Create an obstacle course in your backyard.



Go for a walk as a family. During your walk, collect items such as flowers, leaves, sticks. Create a collage when you get home. Run your hand over the collage. *What does it feel like?*



# Bonnyrigg Public School Preschool Routine

This is the routine that we follow at preschool. You may choose to follow this routine. This routine is flexible and is never followed strictly. For example, if a child wants to eat and it's not quiet morning tea time, we just have an earlier morning tea time.

9am – Outdoor play. Your child may wish to engage in free play in the outdoor environment or complete activities off their learning matrix.

11am – clean up the outdoor environment. Children to gather for group time (read a story together).

11.15am – Lunch time (continue to promote healthy food choices and choose water as a drink). Encourage and still pack a lunch box for your child. This could be an activity that you complete together.

11:30am – Indoor/outdoor play. Your child may wish to complete some activities from the learning matrix or engage in free play at home.

1pm - Clean up. Children to gather for group time (read a story to your child).

1.20pm - Afternoon tea time (continue to promote healthy food choices and choose water as a drink).

1.45pm - Rest time. Children usually pick an activity from our choice chart (Lego, read a book, do a puzzle, rest on a pillow, listen to music, yoga). Your child may wish to complete some activities from their learning matrix as well.

2:15pm – Clean up the indoor and outdoor environments.

2:20pm - Music and movement. See the next page for a list of activities or just play music for your child to dance to!

# Music and Movement ideas

Dance to your child's favourite songs on YouTube. Some songs we love at preschool include:

Rock a bye your bear - <https://www.youtube.com/watch?v=eA0tJQ56Fkc>

Hot potato -

<https://www.youtube.com/watch?v=Qho9o4zRwtE&list=PLBV38fqPgBCX4C8dPkyImHBsiLoDBVtBJ>

Heads Shoulders Knees and Toes -

[https://www.youtube.com/watch?v=Y3DxGXFjZ\\_A](https://www.youtube.com/watch?v=Y3DxGXFjZ_A)

Shake your sillies out - [https://www.youtube.com/watch?v=NwT5oX\\_mqS0](https://www.youtube.com/watch?v=NwT5oX_mqS0)

Freeze dance - <https://www.youtube.com/watch?v=2UcZWXvgMZE>

The floor is lava - <https://www.youtube.com/watch?v=wbNAiN8FTfc>

Gummy bear - [https://www.youtube.com/watch?v=6Q7-tzCCh3w&list=RD6Q7-tzCCh3w&start\\_radio=1](https://www.youtube.com/watch?v=6Q7-tzCCh3w&list=RD6Q7-tzCCh3w&start_radio=1)

I like to move it -

<https://www.youtube.com/watch?v=ymigWt5TOV8&list=RD6Q7-tzCCh3w&index=3>

Can't stop the feeling -

<https://www.youtube.com/watch?v=KhfkYzUwYFk&list=RD6Q7-tzCCh3w&index=5>

Count to 10 - <https://www.youtube.com/watch?v=uGL7xYEVeaY>

Count to 20 - [https://www.youtube.com/watch?v=\\_MVzXKfr6e8](https://www.youtube.com/watch?v=_MVzXKfr6e8)

Ants in the apple - <https://www.youtube.com/watch?v=E9atZTSOpZM>

Wombat Wobble - <https://www.youtube.com/watch?v=rRpMgk1K2RM>

Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

Go Noodle - <https://www.youtube.com/user/GoNoodleGames>

Tooty Ta - [https://www.youtube.com/watch?v=ea4TVg0\\_8Dk](https://www.youtube.com/watch?v=ea4TVg0_8Dk)

If you're happy and you know it -

<https://www.youtube.com/watch?v=71hqRT9U0wg>

The Wiggles Nursery Rhymes -

<https://www.youtube.com/watch?v=se5XcrG4S8s>

# Roll-a-Monster

## Play-Doh Math Activity



### Materials:

- Roll-a-Monster printable
- Play-Doh
- dry erase markers
- pipe cleaners (cut and folded for horns)
- googly eyes
- sequins
- white cardboard (cut into teeth)
- popsicle sticks (various colors & sizes)
- dice (if you don't have one, you can make one or use <https://dice.virtuworld.net/>)

### Directions:

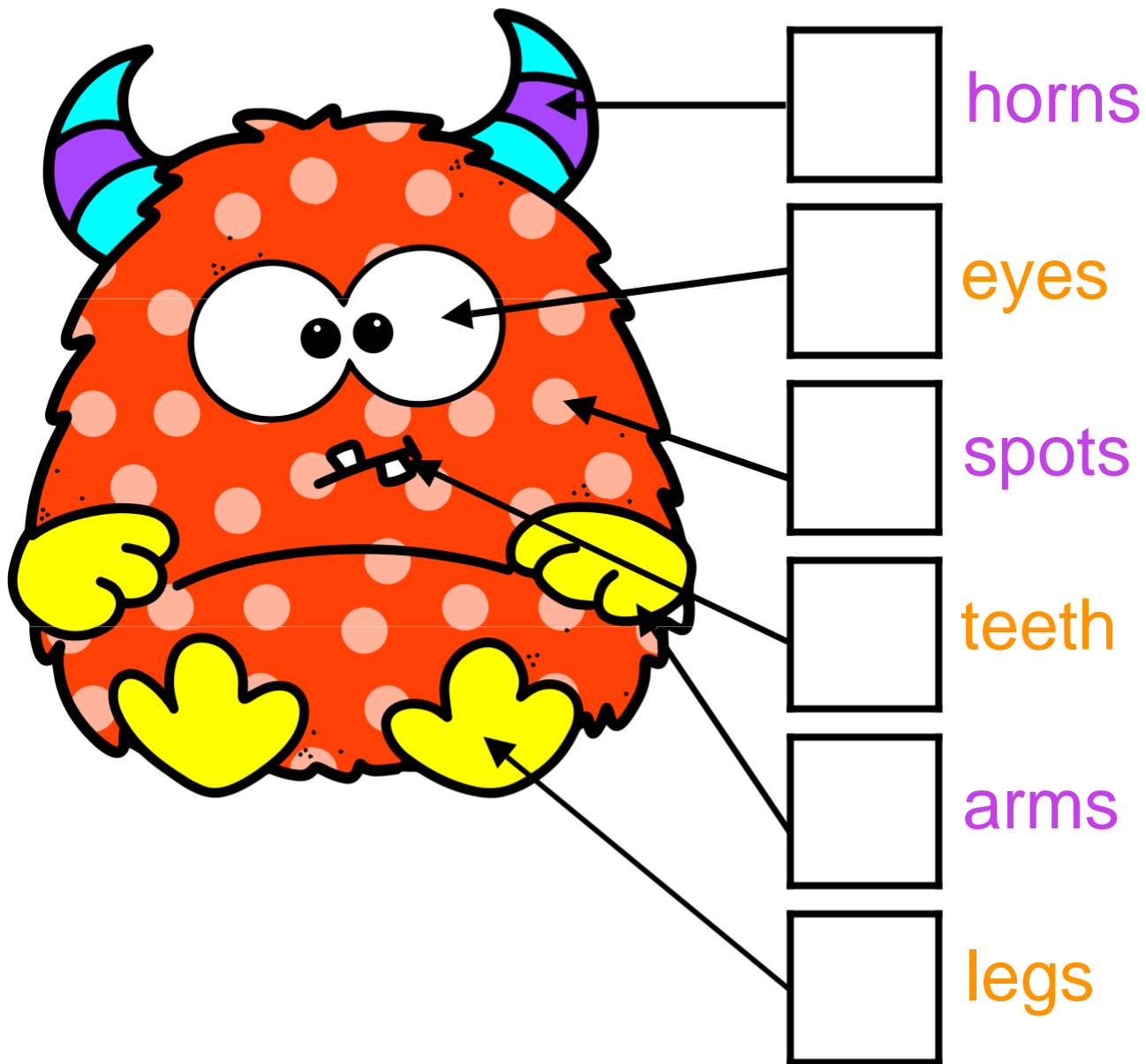
1. Create a body using Play-Doh.
2. Roll a die to determine the number of horns, eyes, spots, teeth, arms, and legs to add to the body.
3. Write the number in the box.
4. Free play!



# Roll-a-Monster

## Play-Doh

Create a monster body using Play-Doh. Roll a die to determine how many horns, eyes, spots, teeth, arms, and legs to add. Write the number in the box.



1 2 3 4 5 6

# Virtual zoo excursions and tours

Wildlife Sydney - <https://www.wildlifesydney.com.au/explore/virtual-zoo/>

Lone Pine Koala Sanctuary <https://koala.net/webcams>

Taronga Zoo <https://taronga.org.au/taronga-tv>

San Diego Zoo <https://kids.sandiegozoo.org/videos>

Houston Zoo <https://www.houstonzoo.org/explore/webcams/>

Monetary Bay aquarium <https://www.montereybayaquarium.org/animals/live-cams>

Paignton Zoo <https://www.paigntonzoo.org.uk/360vt/start.html>

Georgia Aquarium <https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Smithsonian's National Zoo and Conservation Biology Institute  
<https://nationalzoo.si.edu/webcams>

Ouwehan Dierenpark Netherlands <https://explore.org/livecams/polar-bears/polar-bear-ouwehand-twin-cubs-cam-2>

Australia Zoo - <https://www.youtube.com/watch?v=5YBRu5JFHmw> and  
<https://www.youtube.com/watch?v=mIDXZywedvc>

Shark Lagoon cam - <https://www.youtube.com/watch?v=LvfaMv9nbJc>

Grace Gorilla Forest - <https://www.youtube.com/watch?v=rgXWDk7rh4w>

KC Zoo penguin cam - <https://www.youtube.com/watch?v=5WtJwoB8ZsA>

Tiger Lake – Big Cat Rescue -  
<https://www.youtube.com/watch?v=NVCi9yYwRCY>

Zoos Victoria - <https://www.youtube.com/user/ZoosVictoria>

# Links to additional resources:

Storyline Online (famous people reading stories) -

<https://www.youtube.com/user/StorylineOnline>

Art for kids hub (how to draw's) - <https://www.youtube.com/user/ArtforKidsHub>

Mr Maker (Craft ideas) - <https://www.abc.net.au/abckids/shows/mister-maker/>

Little J and Big Cuz (Indigenous cartoon) -

<https://www.littlejandbigcuz.com.au/watch>

Zoo live cams (visit zoo's around the world) -

[https://www.youtube.com/results?sp=mAEB&search\\_query=zoo+live+cams](https://www.youtube.com/results?sp=mAEB&search_query=zoo+live+cams)

Cosmic kids (Yoga) - <https://www.youtube.com/user/cosmickidsyoga>

Playschool Mindfulness (meditation) - [https://iview.abc.net.au/show/play-](https://iview.abc.net.au/show/play-school-mindfully-me)

[school-mindfully-me](https://iview.abc.net.au/show/play-school-mindfully-me)

NSW Education Live (daily live streams at 10am) -

<https://education.nsw.gov.au/parents-and-carers/education-live>

Play School (watch episodes or get craft or cooking ideas) -

<https://www.abc.net.au/abckids/shows/play-school/>